



Packing List



DUFFLE BAG

All of your personal items should be packed into a soft-sided duffel bag approximately 8" x 12" x 19" in size. These duffel bags are available at www.redrockoutfitters.com (more info about this on next page).

DAY BAG

Upon arrival at the orientation meeting the night before your trip, you will be provided a water-resistant day bag (approximately 9" x 20"). In this day bag, you will want to put those items you wish to access during the day (raingear, camera, medications, sun block, lip balm, etc). We recommend packing these items the evening before your river trip.



GEAR BAG

Also upon arrival at the orientation meeting the night before your trip, you will receive a water-resistant gear bag (13x24). You will put your duffel bag inside this bag, roll the top down and clip it securely to avoid getting your personal gear wet. Your personal gear bag will be available at the lodges each night of your trip.



CLOTHING ITEMS

- Two-piece rain suit or "paddle gear"** (Not just for rainstorms - water temperatures can be chilly! Offers protection against the cold water when running rapids - especially in the early season. No ponchos please)
- 1 - 2 swimsuits (2-piece swimsuit and quick-drying shorts or sports bra and shorts recommended for women)
- 2 quick-drying shirts (long sleeve and/or short sleeve)
- 2 pair of lightweight pants/shorts, shirts & underwear
- 2 pair of socks for use in case of sunburn or foot injury
- 1 pair quick-drying pants (optional - for sun protection)
- Lightweight fleece top
- Sturdy water sandals or water shoes (no flip-flops). Based on the type and condition of your footwear, you may want to consider a backup pair of sandals or shoes in case of any damage.
- Comfortable footwear for the evening in and around the lodges
- Hat for sun protection with string or hat clip
- Bandana or Buff
- Paddling gloves for kayaks & paddle boats

Note: Your cabin/room will have beds & showers. You will not need bedding or towels. Lodges are unable to accommodate the use of personal hair dryers or similar electrical equipment.

PERSONAL ITEMS

- Personal hygiene products, Toothbrush & toothpaste
- Plenty of sunscreen
- Sunscreen lip balm
- After-sun moisturizing lotion
- Sport water bottle with clip or carabiner
- Small towel and wash cloth
- Small pack of tissues
- Small headlamp or flashlight with extra batteries
- Binoculars
- Sunglasses with safety strap
- Camera - waterproof digital camera with extra batteries and memory cards recommended
- Extra eyeglasses/contacts (include retention strap)
- Paddling gloves
- Cash for gratuities (Your guides will make every effort to see that your trip is enjoyable and successful. Gratuities for guides are appropriate, greatly appreciated and at your discretion, as a gesture of thanks for their professionalism and service. A suggested guideline is 10 percent of the trip cost. The common practice is to give the gratuity to the trip leader on the last night. It will later be divided equally with the rest of the crew.)

COLD WEATHER ITEMS

- Polypro socks for river - Wool socks
- Stocking cap, fleece or wool gloves
- Thick fleece jacket and/or lightweight down coat
- Lightweight long underwear for sleeping
- 1 additional set of poly-pro or capilene underwear (tops & bottoms)
- Splash Jacket and pants recommended for cold trips

OPTIONAL PERSONAL ITEMS

- Plastic bag for dirty or wet clothing
- Disposable moist towelettes
- Personal bee sting kit (if allergic)
- Fishing gear and Oregon license (gear must be in protective case and disassembled during travel)
- Sarong (long cloth worn like a skirt, wrapped at the waist)
- Sundress for ladies



Items Provided

- » Transportation from Morrison's Lodge to Boat Launch
- » Return Shuttle from Rogue River to Morrison's Lodge
- » Professional, licensed guides
- » All meals between trip departure and return
- » All eating utensils and souvenir cup
- » Unlimited drinking water
- » Water-resistant dry bag for personal duffle bags
- » Water-resistant day-use dry bag (9" diameter x20") for personal items
- » Oar Boats, Paddle Rafts and Inflatable Kayaks
- » US Coastguard approved whitewater life jackets
- » Wilderness First-Aid kit
- » Sanitary Facilities

Be Prepared for Any Weather:

Weather is always present on a river trip... Temperatures can fluctuate daily, and may even disobey predicted weather forecasts! It is wise to come prepared for anything, but we realize there are weight and size limitations for packing. While we cannot predict it all, hopefully we've given you the proper insights and information to prepare you for the adventure of a lifetime!

Rain Gear

vs.

Paddle Gear



Key Feature: Easy to wear, versatile, best in warmer weather and rain.

PROS:

- Keeps you relatively dry without the "sweat chamber effect"
- Blocks wind-chill after rapids
- Versatile purpose/easy to wear
- Best for rain, shields whitewater

CONS:

- Not waterproof during large rapids
- Getting cold can be a threat to fun



Key Feature: Neoprene rubber "gaskets" around wrists & neck. Best in cold weather & whitewater.

PROS:

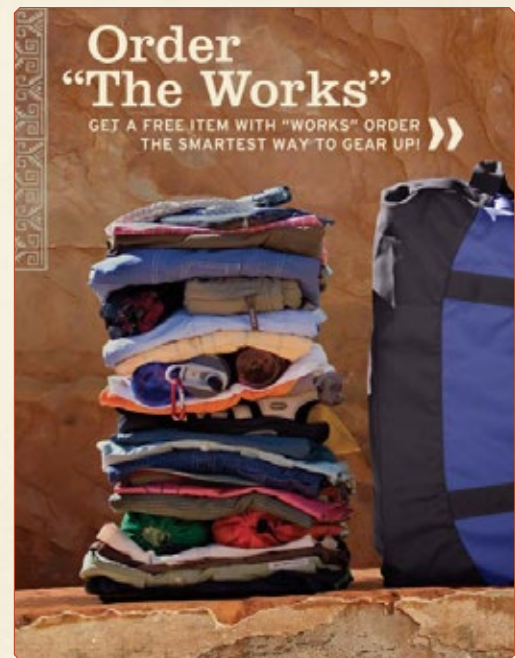
- Nothing better for staying dry
- Ideal when weather remains cold
- Blocks water from all directions
- Best for whitewater

CONS:

- Hot & sweaty in warm weather
- Pullover style can be difficult
- Specialized purpose lacks versatility
- No hood for rainstorms

Get Ready in One Order: Red Rock Outfitters

Through several decades of experience on the river, Western knows what clothing and gear will keep you smiling every second of your adventure. Specifically, we've bundled "The Works" for him, for her and one for gear in general. Get a FREE item with a "Works" purchase. For your convenience, you can order all these items online with Western's retail division: redrockoutfitters.com



www.RedRockOutfitters.com

1-855-245-1658



Western River Expeditions
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Salt Lake City, Utah 84121

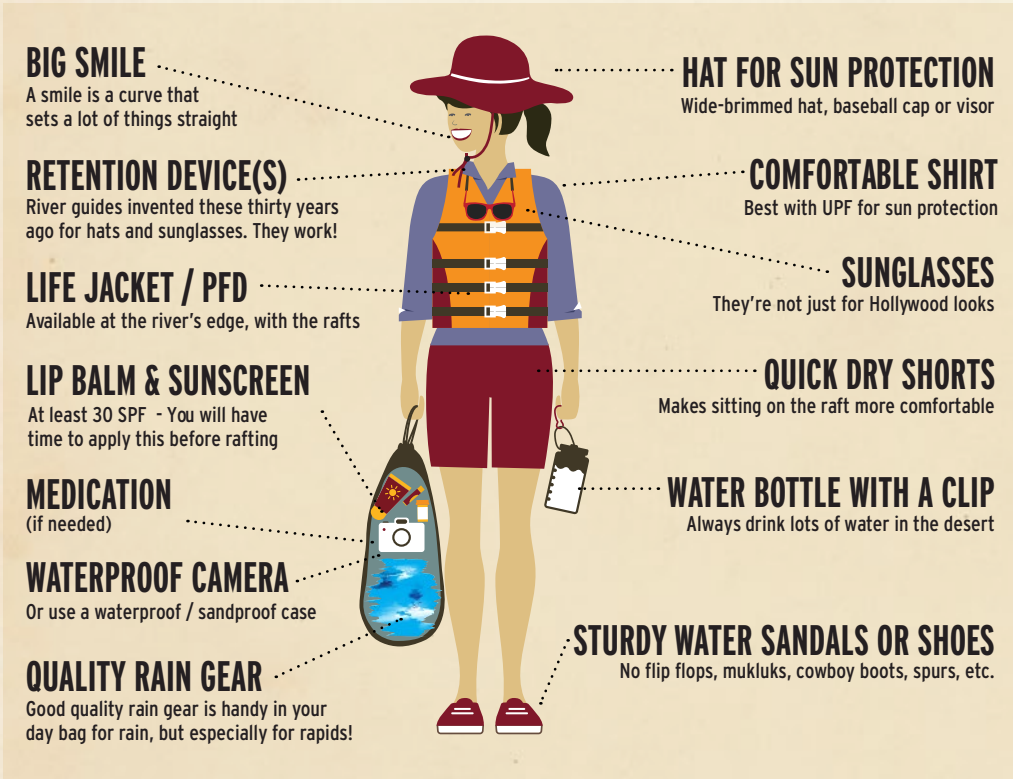
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TOLL-FREE: 800-453-7450
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FINAL CHECKLIST: The morning of your trip:

- Check out of your accommodations & eat a good breakfast.
- Meet at Morrison's Lodge by 8:00 AM (PST).
- Come dressed and ready to raft (see diagram below):



Gear provided:

- Water-resistant gear bag.** Once you are dressed and ready for the river that day, you should pack your personal duffel so it is ready to place inside this rubber bag. You can access it again that night at the lodge. (Inaccessible during the day).
- Small day bag** to hold personal items you need throughout the day (sunscreen, lip balm, rain suit, camera, snacks). Pack these items the night before your river trip.
- Lifejacket / PFD** will be handed out and proper fitting will be demonstrated by your guides when you meet them at the rafts.

Things to bring:

- Duffel bag (approx. 8"x12"x19"), packed with personal items outlined on the packing list
- Extra snacks, if desired. (Snacks will be provided during the trip).
- Camera(s) - Phones as cameras in waterproof cases/sleeves (Cell service unavailable)

Things to leave: (NOT TO BRING ON THE RIVER)

- Suitcases & extra luggage can be left at Morrison Lodge storage facility, or your vehicle.
- Unnecessary electronic devices (game devices for kids, etc.)
- Jewelry